



SISTERS OF ST. FRANCIS
SACRED HEART COMMUNITY (SHC)
NEWS BRIEF – FEBRUARY 16 2024
Artist Unknown

LENTEN FRIDAYS – FASTING & PRAYING AT 7:00 PM FOR ALL WHO SUFFER IN OUR WORLD:

During our retreat on February 10, we sisters named the following situations of suffering throughout the world, and committed to fast and pray as Sacred Heart Community on Lenten Fridays for these and other situations:

- ❖ For relief from war around the world – in Ethiopia, Israel and Palestine, Ukraine, to name a few
- ❖ For those who are homeless and begging on the streets for resources for their families
- ❖ For refugees and immigrants seeking survival, especially those living in the cold and snow, who lack shelter
- ❖ For those experiencing hunger, anger, loneliness, and fear
- ❖ For those who experience confusion from false leaders who prey on people
- ❖ For transformation from injustice and greed
- ❖ For new and compassionate ways of communicating that are not violent
- ❖ For transformation of the terribleness that allows violence and hate among us
- ❖ For the grace to shine a light on evil powers and principalities that destroy life in the world
- ❖ For enslaved women and children who are trafficked
- ❖ For those who are addicted, especially to fentanyl and gambling
- ❖ For children abused and abandoned through war and violence

Let us join together, sisters and associates, heart to heart in fasting and prayer **for five minutes at 7:00 p.m. Mountain Time on Lenten Fridays.** Grace, peace, and all good to all people.

♥ Sue Artone-Fricke, OSF

CHIAPAS VISITATION IN JANUARY:

Attached for your reading pleasure and prayer is a report on North American delegation's visitation to our mission in Chiapas. Enjoy! We sure did. Sisters Sue Artone-Fricke, Jo-Anne Grabowski, Maria Elena Martinez and others.

PRAYER REQUEST FOR THE REPOSE OF THE FOLLOWING SOUL:

Conita Joan Hollenbeck, who died on January 1, 2024. She was born on December 31, 1939. She lived in O'Neill, NE. Connie and her husband, John, were loyal donors and supporters to the sisters of Sacred Heart Community. More information about Connie is available at <https://www.tributearchive.com/obituaries/30230647/conita-joan-hollenbeck>

SR. FRANCESCA DELGADO IS ON THE MEND...

She returned to Highland Park Care Center on Wednesday, February 14, where staff are providing excellent care for her continued recovery from surgery to repair the break in her femur. Francesca is happy to be home and grateful for our prayers and love.

DAILY MEDITATIONS AND PRAYER FOR PEACE IN GAZA AND ISRAEL:

Sr. Patty Podhaisky's colleague at Maria Droste made her aware of a website from Jewish Voices for Peace about daily meditations and actions for peace in Gaza. For more information, please go to <https://www.jewishvoiceforpeace.org/2023/10/16/all-eyes-on-gaza/>

"CHOOSING COMMUNITY OVER CHAOS ... "



NETWORK (advocates for justice, inspired by catholic sisters) is inviting you to their webinar "Choosing Community Over Chaos: Our Work for 2024" on Wednesday, February 21st at 5:00 pm MT. "While there will be a brief reflection on the chaos in the first session of the 118th Congress, we will mainly ground ourselves in today's

political reality and share our vision for the future--one in which faith-filled justice-seekers come together to *Build Anew* toward a multiracial, multi-faith democracy. You won't want to miss our plans to help you rise above election season chaos!" For more information, see the attached document, or go to <https://www.mobilize.us/network/event/603890/> or contact Sr. Liz Fuhr at mefuhr@franciscanway.org

FRANCISCAN EVENTS:

- **Franciscan Contemplative Prayer:** Theme: Prayerful Lenten Transformation. On the third Tuesday of every month (February 20, 2024), this group will meet starting with an optional attendance for a simple meal from 5:00-6:00 pm, followed with prayer from 6:10-7:30 pm MT. All are welcome to join in-person (5314 Columbine Road, Denver, CO), via ZOOM, or teleconference. For more information and to RSVP, contact Sr. Liz Fuhr at mefuhr@franciscanway.org or 720-448-4818.
- **A Franciscan Online Journey – Six Weeks Of Spiritual Discovery.** This session will meet via ZOOM from February 20 – March 26, 2024, from 8:30-9:30 pm MT. Cost \$60. For more information, go to [A Franciscan Online Journey – Six Weeks Of Spiritual Discovery – San Damiano Retreat](#) or contact Sr. Liz Fuhr at mefuhr@franciscanway.org or 720-448-4818.

EARTHCARE:

“The Earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations.” By John Paul. Submitted by Sr. Gloria Shuffer.

2024 CALENDAR OF SACRED HEART COMMUNITY EVENTS:

Please contact Donna Kroll if you have any questions.

Date, Time	Event	Location
Mar 6, 4:30	Lent Prayer via Zoom	For North American sisters & associates, hosted by SHC
May 4, 10:00	Sisters' Jubilee	Alliance, NE
May 9, 4:30	Foundation Day Prayer via Zoom	For North American sisters & associates, hosted by HNP
June 6-June 8	Annual Community Meetings	Xavier Retreat Center, Denver
June 28-30	Celebrating 150 th Years of Franciscan Presence in North America	HNP, Stella Niagara, NY

