



Sisters of St. Francis

SACRED HEART COMMUNITY (SHC)

NEWS BRIEF

March 3, 2023

THE GRACE IN AGING RETREAT:

For sisters and associates who would like to participate, remember to sign up for The Grace in Aging retreat with Sr. Nancy Schreck, **March 17th and 18th, 10:00-3:00.** RSVP to DonnaK@Franciscanway.org.

LENTEN PRAYER WITH NORTH AMERICAN MEMBERS:

St. Francis Province will lead our North American members (associates, sisters in all three provinces) in Lenten prayer at **4:30 pm on March 8.** The ZOOM link and prayer guide will be sent to you within a week before that time. Your patience is requested as we smooth through the ZOOM wrinkles of a large gathering of people for prayer, thank you.

PRAYER REQUEST:

The sisters in our congregation who are ill or needing special requests. (see attached)

RELIGIOUS COMMUNITIES IMPACT FUND (RCIF):

Sisters and Associates, attached are prayer cards for a five of the many organizations financed by RCIF – Religious Communities Impact Fund. Sacred Heart Province contributed to RCIF over the years to be able to serve these and other organizations in the spirit of our mission. I am on the RCIF board and am happy to witness to the impacts made by the funds. Thank you for your prayers for these organizations. Blessings, Sue Artone-Fricke, osf

BE WARY OF ONLINE QUIZZES:

The Federal Trade Commission is warning about online quizzes that could trick you into sharing too much information. For example, when you're asked things such as the model of your first car or your high school, remember that these are commonly used for online account security. "Scammers ... use your quiz answers to try and reset your accounts, letting them steal your bank and other account information," the FTC says. Some scammers hack social media accounts and send malware links to your friends under the guise of sharing a quiz. If you suspect a quiz is a scam, you can report it at <http://ReportFraud.ftc.gov>.

