



Sisters of St. Francis
SACRED HEART COMMUNITY (SHC)
NEWS BRIEF

Sunday, February 19, 2023

Ash Wednesday, February 22, 2023

PALENQUE, CHIAPAS VISITATION SHARING:

Sisters Sen Nyuyen and Sue Artone-Fricke will be sharing pictures and experiences of their time with our sisters in Palenque on **Sunday, February 26, 3:00-4:00**. We will enjoy a Mexican food meal afterwards. Please RSVP to SueAF@Franciscanway.org by February 22 if you will come so we can arrange for enough seating and food.

THE GRACE IN AGING RETREAT:

For sisters and associates who would like to participate, remember to sign up for The Grace in Aging retreat with Sr. Nancy Schreck, **March 17-18, 10:00-3:00**. RSVP to DonnaK@Franciscanway.org.

LENTEN PRAYER WITH NORTH AMERICAN MEMBERS:

St. Francis Province will lead our North American members (associates, sisters in all three provinces) in Lenten prayer at **4:30 pm on March 8**. The ZOOM link and prayer guide will be sent to you within a week before that time. Your patience is requested as we smooth through the ZOOM wrinkles of a large gathering of people for prayer, thank you.

LENTEN GREETINGS:

My heart reaches out to each of you as we enter into Lent next week. I pray that you be graced with penance and Christian charity on your journey. Together, heart to heart, let us pray for each other and our intentions throughout Lent as we walk in the footsteps of Jesus. 📞 🕊 🕯
Sue Artone-Fricke, osf

FRANCISCAN CONTEMPLATIVE PRAYER:

On **Tuesday, February 21, 2023**, Franciscan Contemplative Prayer will continue with its monthly gathering (the third Tuesday of every month). The theme: Francis' Love Song - The Praises of God. The evening will start with a **simple meal** (optional attendance) **from 5:00-6:00 pm** at the community office, 5314 Columbine Road, Denver, CO 80221. Then following **from 6:10-7:30 pm the group will connect for prayer** via in-person at the office; phone; or ZOOM. Please RSVP Sr. Liz Fuhr at 720-448-4818, mefuhr@franciscanway.org ; or <https://sacredheartprovince.franciscanway.org/spirituality/franciscan-contemplative-prayer-group/>

NEWSLETTERS:

- LCWR, March 2023

