

## "THE GRACE IN AGING" - A LENTEN RETREAT:

Sr. Nancy Schreck, OSF, will be leading a Lenten retreat on *The Grace in Aging* that will take place at Marycrest, March 17-18, 10:00-3:00 each day. The retreat is open to sisters and associates. Email Donna Kroll, <a href="mailto:DonnaK@FranciscanWay.org">DonnaK@FranciscanWay.org</a>, if you would like to participate in it.

## **PALENOUE VISITATION:**

Attached is a sharing with pictures from the three USA provincial councilors who visited our sisters in Palenque, January 8-15. It was truly a rich experience of the North American presence shared between them and the USA provinces.

## **SR. RITA CAMMACK'S HEALTH UPDATE:**

Attached is a letter Sr. Rita Cammack wrote to us on the progress of her rehabilitation from knee replacement surgery on January 9 – just two weeks ago. Sounds like she's making great strides with the fabulous care and support she is receiving at Stella Niagara care center and from her healthcare providers.

Feel free to email her with your prayers and support at RitaC@FranciscanWay.org, or send her a note at 4421 Lower River Rd., Stella Niagara, NY 14144. Sr. Leandra Schaller and I (Sr. Sue Artone-Fricke) will be out there to visit her February 2-4 and we will deliver her a big hug from all of us.

## **CONFERENCE:**

You are invited to attend "Re-Imagining the World: Pope Francis and Saint Francis," on January 27-28, 2023, from the Franciscan School of Technology. More information is available at: <a href="https://www.fst.edu/event/re-imagining-the-world-pope-francis-and-saint-francis-jan-27-28-2023/">https://www.fst.edu/event/re-imagining-the-world-pope-francis-and-saint-francis-jan-27-28-2023/</a> or contact Sr. Liz Fuhr at 720-448-4818 or <a href="mething-meth

