# SACRED HEART PROVINCE SISTERS OF ST. FRANCIS NEWS BRIEF Wednesday, April 22, 2022



# We hope your Easter basket was full of Joy, Happiness, & Peace ... Today & Always! Happy Easter!



# EARTH DAY - APRIL 22, 2022

Every day is Earth Day. God has a deep love for the Earth chosen to be our Home. Let us love it too.

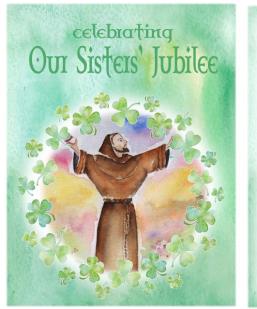
### <u>99 Sustainable Swaps To Incorporate Into Your Daily Routine — The Good Trade:</u> <u>https://www.thegoodtrade.com/features/sustainable-living-tips</u>

- 1. Cut stained or torn t-shirts into rags for cleaning or on your Swiffer.
- 2. Take a reusable tote to the grocery store or farmer's market instead of wondering 'paper or plastic?
- 3. Write an email to your town's leadership advocating for more eco-friendly practices (like more accessible composting),
- 4. Wrap gifts with newspapers, packaging, or magazines in place of disposable wrapping paper.
- 5. Eat lunch with reusable cutlery or a set from home wrapped in a cloth napkin.
- 6. Switch your iced coffee from single-use plastic cups to mason jars or upcycled pasta jars.
- 7. Switch your battery-operated items to rechargeable batteries.
- 8. Bring a silicone or reusable container to restaurants rather than getting to-go containers.
- 9. Hang-dry your laundry.
- 10. Choose regular shipping over expedited shipping when shopping online (and opt for fewer boxes when available!).

# **SISTERS UPCOMING BIRTHDAYS:**

- Joan Linenbrink, May 2
- Gloria Shuffer, May 3
- Sarah Manchester, May 28

### **SHP's SISTER JUBILIARIANS:**



#### Sisters of St. Francis Are proud to announce the jubilees of the following women who have lived their lives as instruments of peace and following Christ in the ways of Francis, Clare, and Magdalen.

2022 Sr. Maureen Murphy, 70 years along with delayed jubilee celebrations, due to COVID

2021 Sr. Liz Fuhr, 60 years

2020 Sr. Leandra Schaller, 40 years Sr. Alicia Cuarón, 25 years

Please join us on Saturday, May 7, 2022 10:00 am Mass ~ Noon Lunch

Marian Residence 1104 Toluca Ave., Alliance, NE 69301

RSVP # Guests by April 22, 2022 to Patty Raymer PattieR@Franciscanway.org ~ 308-762-4408 x2

## SR. SARAH MANCHESTER'S SCHEDULE:

- April 22-23 (29-30)
- May 7

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May 14

- Pre-Chapter Gathering #4 Jubilees @ MR, Recommissioning & Prayer Partners
- ZOOM Finance & Archives Report
- June 7-8 Council Meetings
- June 10-11 Tentative\_ZOOM Pre-Chapter Gathering #5

XIII Chapter

**Pre-Chapter Planning Meeting** 

- June 28-29 Council Meetings
- July 8-9
- July 10-16
  - July 16 New/Old Council Meeting

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